

Nutgrove Methodist Primary School Personal Social Health Emotional Policy



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Mission Statement

Introduction

This policy outlines how we enable all our learners to achieve the highest possible standards in PSHE. It sets out our agreed approach to the planning, delivery and assessment of PSHE across our school.

Nutgrove Methodist Primary School strives to provide a caring environment in which every individual can achieve his or her full potential, without limits.

To achieve this we wish to create a happy, secure and purposeful culture throughout the school, which is conducive to learning and high standards, and is based on Christian values.

Safeguarding Statement

At Nutgrove Methodist primary School we recognize our moral and statutory responsibility to safeguard and promote the welfare of all children.

We work to provide a safe and welcoming environment where children are respected and valued. We are alert to the signs of abuse and neglect and follow our procedures to ensure that children receive effective support, protection and justice.

The procedures contained in the Safeguarding Policy apply to all staff, volunteers and governors.

Introduction

Here at Nutgrove Methodist Primary School we provide a P.S.H.E curriculum that promotes pupils' personal social and emotional development, as well as their health and well-being. It helps to give children the knowledge and skills they need to lead confident, healthy and independent lives. It aims to help them understand how they are developing personally and socially, and tackles many of the moral, social and cultural issues that are part of growing up. It gives children an understanding of the rights and responsibilities that are part of being a good citizen.

This policy should be read in conjunction with the RSE Policy.

Intent

At Nutgrove Methodist Primary School, we recognise our school context and have designed our curriculum with the intent that pupils build the secure foundations required to become successful and aspirational adults who seek opportunities, take responsibilities as moral citizens and gain life experiences that extend their horizons. We want children to leave school as 'well rounded and responsible' individuals.

The school motto '***My Best, Always, Everywhere***' is interwoven within our curriculum intent and design. We have developed three curriculum drivers that shape our curriculum, bring about the aims and values of our school, and to respond to the particular needs of our community:

Culture – helping children develop a wider and deeper knowledge of the locality, society and the world around them, promoting a sense of awe and wonder.

Global Citizenship – Everyone no matter where they live are part of a global community.

Diversity – which helps children recognise differences are positive and that individual characteristics make people unique and everyone should love and be loved without limits.

At Nutgrove Methodist Primary School we believe that the personal, social and health development of each child, in conjunction with their citizenship skills, has a significant role in their ability to learn. We value the importance of PSHE and Citizenship in preparing our children for the opportunities, responsibilities and experiences of adult life. In addition, we believe that a child needs to learn about the many emotional aspects of life and how to manage their own emotions. We are also aware of the way that PSHE supports many of the principles of Safeguarding. (See Safeguarding Policy).

Implementation - Curriculum Design

At Nutgrove we follow a bespoke sequence of learning to meet the needs of pupils. For some units, we follow the PATHS Scheme of Learning, which is a programme for educators designed to facilitate the development of self-control, emotional awareness and interpersonal problem-solving skills. The programme consists of a variety of lessons, and additional materials and charts. The purposes of the PATHS programme are to enhance the social competence and social understanding of children, as well as to facilitate educational processes in the classroom. Alongside PATHS, teachers also use Discovery Education when teaching the new primary RSE curriculum. Subject coverage includes Healthy & Happy Friendships, Similarities and Differences, Caring and Responsibility, Families & Committed Relationships, Healthy Bodies, Healthy Minds and Coping with Change. We also ensure that time is given to discuss matters arising from School Council, and workshops delivered by external visitors.

PSHE and Citizenship will enable children to practise specific skills in structured contexts and in their daily life including:

1. Encouraging everybody to take responsibility for their actions through the agreement of class rules.
2. Involving children in their learning journeys.
3. Encouraging children to recognise and respect differences between people and their cultures, faiths and beliefs.
4. The election of a school council.
5. Encouraging children to take responsibility for their behaviour.

There are wider Opportunities for personal and social development at school. These include:

1. The development of each child's ability to work as part of a team, become active within the school and wider community whilst recognising the qualities of good citizenship.
2. Consideration of the holistic needs of every child with regard to their race, culture, language and faith.
3. Planning class visits and trips which widen children's experiences beyond the immediate local environment.
4. Coming together as a school for Collective Worship to celebrate academic and personal achievements.
5. Planning events which encourage the school to work together for example; Harvest Festival, Christmas Nativity and Carol Service, John Wesley Service, and other Fundraising Events and themed weeks.

We seek to promote a healthy lifestyle and self-confidence for our children through:

1. The provision of a range of extra-curricular clubs e.g. sports, choir and dance, which help foster a healthy lifestyle and encourage children to explore individual talents.
2. Providing opportunities in school for children to learn a musical instrument.
3. Promoting Healthy eating throughout the year.
4. Attention to the needs of SEND and EAL children.
5. Attention to the needs of more able children.
6. Being physically active for at least 30 minutes per day.
7. Recognising the importance of a healthy mind.
8. Encouraging resilience, Growth Mindset and aspirations for all.

We seek the involvement of the whole school community through:

1. Encouraging parents/ carers to support trips or whole school events.
2. Weekly newsletters sent to parents/ carers.
3. The Parents and Friends of Nutgrove Association.
4. Positive relationships with Church members.
5. Working in partnership with local businesses and community groups.

Time Allocation

Each class teacher will aim to allocate a minimum of 60 minutes each week to PSHE/RSE.

Resources

Resources for PSHE are found in each year groups PATHS.

resources and full access to Discovery Education online for all teachers.

Monitoring

The subject leader will monitor the effectiveness of teaching and learning with PSHE through a range of strategies, including learning walks, pupil voice, book scrutiny and auditing resources.

Impact

Through the teaching of PSHE, we aim to help the children to:

1. Develop confidences and responsibilities, making the most of their abilities.
2. Prepare to play an active role as citizens, whilst knowing their rights and the rights of others
3. Develop a healthy, safe lifestyle with the ability to make appropriate risk assessments whilst being open to risk benefits
4. Develop good relationships and respect the differences between people and their cultures, faiths and beliefs
5. Understand some basic principles of finances, careers and employment
6. Make a positive contribution to the life of the school, the wider community at local, national and global levels.