

Sun Safety

Nutgrove Methodist Primary School



Approved by: Full Governors

Date: 27/02/2020

Last reviewed on: January 2020

Next review due by: January 2023

Aims

The aim of this sun safety policy is to protect children and staff from skin damage caused by the effects of ultraviolet radiation from the sun. The successful of this health promotion programme will be more successful when an integrated whole school approach is adopted.

The main elements of this policy are:

- protection: providing an environment that enables pupils and staff to stay safe in the sun.
- education: learning about sun safety to increase knowledge and influence behaviour.
- partnership: working with parents/carers, governors, our school nurse and the wider community to reinforce awareness about sun safety and promote a healthy school.

This school believes in Sun Safety

To ensure that children and staff are protected from skin damage caused by the harmful ultra-violet rays in sunlight.

As part of the Sun Safety policy, our school will:

- educate children throughout the curriculum about the causes of skin cancer and how to protect their skin;
- encourage children to wear clothes that provide good sun protection.
- hold outdoor activities in areas of shade whenever possible, and encourage children to use shady areas during breaks, lunch-hours, sports and trips. Sunbathing is definitely discouraged.
- work towards increasing the provision of adequate shade for everybody.
- encourage staff and parents to act as good role models by practising sun safety;
- regularly remind children, staff and parents about sun safety through newsletters, posters, parents meetings, and activities for pupils.
- invite relevant professional (school nurses and health promotion officers_ to advise the school on sun safety'
- make sure the Sun Safety Policy is working. We will regularly monitor our curriculum, assess shade provision, and review the sun safety behaviour of our young people and staff (use of hats, shade etc).

Suggestions to help cope with hot weather

- Pupils to wear sun hats when outside.
- Pupils should wear sun cream.
- Teachers should encourage pupils to drink water and ensure there are regular breaks for them to do so.
- Sunscreen is the last line of defence. A factor 50+ should be applied to exposed areas of skin at home by parents/carers prior to the school day.
- Sunscreen is not to applied by school staff.