

National Curriculum Requirements of Dance at Key Stage 2

Pupils should:

- Create and perform dances using a range of movement patterns, including those from different times, place and cultures
- Respond to a range of stimuli and accompaniment
- Through dance, develop flexibility, strength, technique, control and balance
- Perform dances using a range of movement patterns.

Knowledge, Skills and Understanding breakdown for Dance

Year 4

Can they respond imaginatively to a range of stimuli related to character and narrative?
Do they use simple motifs and movement patterns to structure dance phrases on their own, with a partner and in a group?
Can they refine, repeat and remember dance phrases and dances?
Can they perform dances clearly and fluently?
Can they show sensitivity to the dance idea and the accompaniment?
Do they show a clear understanding of how to warm-up and cool-down safely?
Do they describe, interpret and evaluate dance, using appropriate language?

Year 4 (Challenging)

Can they structure and vary longer dances?
Do they develop movement ideas for others?
Do they show a good sense of rhythm and style when performing?
Can they remember and perform a range of warm-up and cool-down activities?
Can they give reasons why physical activity is good for health?
Do they use a range of dance vocabulary to describe, interpret and evaluate dance?