

National Curriculum Requirements of Dance at Key Stage 2

Pupils should:

- Create and perform dances using a range of movement patterns, including those from different times, place and cultures
- Respond to a range of stimuli and accompaniment
- Through dance, develop flexibility, strength, technique, control and balance
- Perform dances using a range of movement patterns.

Knowledge, Skills and Understanding breakdown for Dance

Year 3

- Do they improvise freely, translating ideas from a stimulus into movement?
- Can they create dance phrases that communicate ideas?
- Do they share and create phrases with a partner and in small groups?
- Can they repeat, remember and perform these phrases in a dance?
- Do they use dynamic, rhythmic and expressive qualities clearly and with control?
- Do they understand the importance of warming-up and cooling-down?
- Do they recognise and talk about the movements used and the expressive qualities of dance?
- Can they suggest improvements to their own and other people's dances?

Year 3 (Challenging)

- Do they use a wide range of movements when improvising?
- Can they choose appropriate movements to express the idea, mood and feeling of a dance?
- Can they take the lead when creating dance with a partner or in a group?
- Do they show a greater understanding of how to compose dance phrases?
- Can they show greater fluency and control in their movements?
- Do they interpret rhythm well, using a range of musical accompaniments?
- Do they interpret and express their thoughts clearly when talking about dance?
- Can they make appropriate suggestions about how work could be improved?