

National Curriculum Requirements of Dance at Key Stage 1

Pupils should be taught to :

- Use movement imaginatively, responding to stimuli, including music and performing basic skills
- Change rhythm, speed, level and direction of their movements
- Create and perform dances using simple movements patterns, including those from different times and cultures
- Express and communicate ideas and feelings

Knowledge, Skills and Understanding breakdown for Dance

Year 2

Can they perform body actions with control and co-ordination?

Can they choose movements with different dynamic qualities to make a dance phrase that expresses an idea, mood or feeling?

Can they link actions?

Can they remember and repeat dance phrases?

Can they perform short dances, showing an understanding of expressive qualities?

Can they describe the mood, feelings and expressive qualities of dance?

Can they describe how dancing affects their body?

Do they know why it is important to be active?

Can they suggest ways they could improve their work?

Year 2 (Challenging)

Can they create, improve and perform more complex dance phrases?

Do they perform short dances, linking actions fluently and with control?

Can they use dynamic and expressive qualities clearly in their dance?

Can they use some simple dance vocabulary to describe and interpret dance?

Do they know how particular activities can help them to be healthy?