

# EPWORTH WORSHIP TOGETHER.



This week's big idea



“Do to others as you would have them do to you.”

— LUKE 6:31

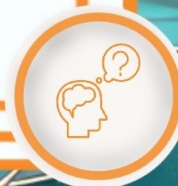
Bible verse of the week

## RANDOM ACTS OF KINDNESS



## Exploring further

How many random acts of kindness can you come up with as a class?



## Prayer of the week

Dear God,

Thank you for giving us the power to do good in the world. Help us to use our words and actions to spread kindness, not harm.

Give us the courage to speak up for others and the strength to stand against bullying.

May our school be a place where everyone feels valued and included.



## This week's worship song

### 'I'm Not Afraid of the Dark'

[A Website You Love Ho 55 sec](#)  
| [British accent](#)



## This week's activity



- Create a unity chain- Children write anti-bullying messages on coloured paper strips and link them together to form a chain, which can be displayed around the school.
- Make a 'kindness' display- Use handprints with kind messages or positive footprints to decorate the school and show unity against bullying.
- Design anti-bullying wristbands- Students can make their own wristbands as a reminder to stand up to bullying.

## Explore further at home



### One Kind Word



Choosing kind words and actions can help us all to feel good on the inside. Using words to help others feel good about themselves can help them to live happy and healthy lives.

As you find each word in the word search below, think about how you could use words and actions to help others feel good, spread kindness and help stop bullying in its tracks.

listen	m	e	n	t	a	l	h	e	a	l	t	h
ask	c	n	z	a	c	t	i	o	n	s	a	q
hope	h	a	p	p	y	q	f	p	p	h	l	x
actions	u	t	c	o	n	n	e	c	t	e	k	p
positive	i	n	c	l	u	d	e	w	b	l	x	y
help	r	x	a	s	k	g	l	o	q	p	d	e
share	e	l	c	h	j	t	i	r	n	w	u	x
include	s	i	a	a	k	i	n	d	n	e	s	s
talk	p	s	x	r	r	p	g	s	m	i	e	
care	e	t	s	e	c	e	s	i	w	x	u	n
feelings	c	e	q	p	o	s	i	t	i	v	e	d
happy	t	n	t	h	o	u	g	h	t	s	x	s
connect												

**Anti-Bullying Activities**  
to  
Promote Acceptance  
in Your School

JournalBuddies.com



## Quote of the week



## Picture of the week



**ONE  
KIND  
WORD** ANTI-BULLYING WEEK

