

# Long Term Planning

## Nutgrove Methodist Primary School 2025/26



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	+	+	+	+	+	+
	+	+	+	+	+	+
Reception	A Day on the Farm	An adventure with the Emergency Services	Locomotion 1	Fantasy Fairy Tale	Target Games 1	Object Control 1
	Fine Motor skills	Personal Challenges	Gymnastics Reception	Gym - Rocking & Rolling	Athletics 1	Dance - Copy and Explore
Year One	Fundamental Movement Skills 1	Invasion Game Skills 1	Fundamental Movement Skills 2	Gymnastics - Balancing & spinning on Points & Patches	Target Games 2	Net & Wall Game Skills 1
	Gymnastic Year 1	Locomotion 2	Dance - Mini Beasts	Striking & Fielding Game Skills 1	Target Games 2	OAA
Year Two	Striking & Field Game Skills 2	Gymnastics - Pathways: straight, zipzag & curving	Invasion Game Skills 2	Gymnastics Year 2	Athletics 2	Tri Golf
	Net & Wall Game Skills 2	Fundamental Movement Skills 2	Dance - Animals	Personal Challenges	Dance - Pirates	Orienteering - Coming Soon!

Year Three	Fun competition through Invasion Games	OAA	Gymnastics - Receiving body weight	Invasion Game Skills 3	Basketball	Athletics 3
	Core PE - Dance	Gymnastics - Linking movements together	Dodgeball	Dance - Egyptians	Creativity in PE through Gym & Dance	Hockey
Year Four	Cricket	Tennis	Health Related Fitness	Gymnastics - Arching and bridges	Yoga	Athletics 4
	Dance - Romans	Gymnastics - Arching and bridges	Handball	Dance - Space	Core PE - Striking and Fielding	Orienteering - Coming Soon!
Year Five	Football	Hockey	Gymnastics - Matching, mirroring & contrast	Tennis	Athletics 5	Swimming
	Danish Longball	Dance - The Haka	Swimming	Gymnastics - Partner work - under and over	Swimming	Dance - British Values
Year Six	Swimming	Hockey	Tennis	Tag Rugby	Hockey	Athletics 6
	Gymnastics - Counter-balance & counter tension	Dance - World War 2	Core PE - Netball	Gymnastics - Flight	Team Building and Problem Solving	Dance - Dance through the ages