

EPWORTH WORSHIP TOGETHER,



This week's big idea

Week 1—
Aspiration

[Epworth Worship
Together - Week
Beginning 1st Sep-
tember 2025](#)



**Philippians 3:13–14 –
“...Forgetting what is be-
hind and straining to-
ward what is ahead, I
press on toward the
goal**

Bible verse of the week

Exploring further

Questions to encourage reflection and discussion:

1. What does it mean to “press on toward the goal” in your own life?
2. Can you think of a time when you nearly gave up but kept going? What happened?
3. Why do you think it's important to have hopes and goals?
4. How can we help each other reach our aspirations at school and at home?
5. How did Paul keep persevering and pressing on despite everything he faced?



Prayer of the week

Dear God

Thank You for new beginnings. As we begin the new school year give us courage to dream big and press on toward our goals. Help us to keep trying, even when things are hard. Determined to never not give up and believing that if it is possible for someone else it is possible for us. Amen.



This week's worship song

God Suit On—Cheeky Pandas

[Cheeky Pandas | DANCE VIDEO:](#)



This week's activity



• **Aspiration Stars (KS1 & KS2):**

Children write/draw their personal goals for the year on stars, then add them to the EWT floor book or create a class "Aspiration Sky" display.

• **The Aspiration Ladder (KS1):**

Work as a class to fill in the steps needed to reach a shared goal, e.g. "becoming better readers" or "being kind friends.". Recognising that success comes from many small acts and habits.

• **Pressing On Race (EYFS/KS1):** A fun obstacle course to demonstrate perseverance, linking back to the Bible verse.

Reflection Writing (KS2): Prompt – "If I press on and don't give up, I will..." Children write a short paragraph or draw a picture showing how they are going to persevere.

Explore further at home



- **Dream Big Jar:** Write or draw one aspiration/goal on a slip of paper and put it into a "Dream Big Jar." Families can check at the end of the term how they're doing.
 - **Family Walk & Talk:** On a walk, each person shares something they'd like to get better at and one way others can encourage them.
 - **Star of the Week at Home:** Family members take turns celebrating when someone has pressed on or tried hard at something. Think of a way to record this as a reminder.
- Aspiration Poster:** Create a poster at home that shows your big dream or goal and the steps you'll take to reach it. Bring it into school to share if you'd like.



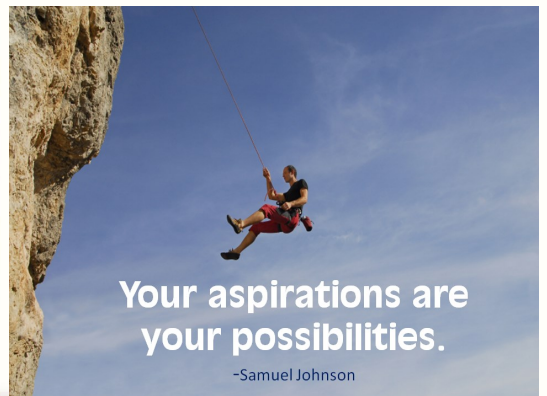
Quote of the week

SHOOT FOR THE MOON.

Even if you miss,
you'll land
among the stars.

~ Norman Vincent Peale

Picture of the week



Your aspirations are
your possibilities.

-Samuel Johnson

